

Heart Mountain Wyoming Foundation
1539 Road 19
Powell, WY 824345

Subject: Informed Consent for Potentially Sensitive Material

Recipient's Name,

The Heart Mountain Wyoming Foundation would like to inform you about the nature of the family research material, which may contain potentially upsetting content. The purpose of this letter is to obtain your informed consent before presenting such material to you.

The material in question deals with sensitive and potentially distressing topics, including but not limited to trauma, incarceration, and other emotionally charged subjects. While HMWF believes this research holds educational and informational value, it is crucial for us to prioritize your emotional well-being and provide you with an opportunity to make an informed decision regarding your exposure to it.

By providing your consent, you acknowledge and understand the potential impact this material may have on your emotional state. You also recognize that it is your responsibility to discontinue engaging with the material if you find it distressing, triggering, or harmful to your mental health.

Please take the time to carefully read and consider the following statements:

I acknowledge that I have been informed about the potentially sensitive nature of the material and the topics it covers.

I understand that engaging with this material may evoke emotional distress, trigger traumatic emotions, or adversely affect my mental health.

I am aware that it is my responsibility to discontinue engaging with the material if I find it distressing, triggering, or harmful to my mental well-being.

I understand that seeking support from mental health professionals or other appropriate resources is important if I experience distress as a result of engaging with this material.

I release HMWF from any liability or responsibility for any emotional distress, triggering effects, or negative impact on my mental health that may result from my exposure to this material.

Please indicate your consent by signing and dating this letter below:

[Recipient's Signature] [Date]

Thank you for your understanding, and we appreciate your commitment to your own well-being throughout this process.

Sincerely,

Heart Mountain Wyoming Foundation