



HEART MOUNTAIN EDUCATOR RESOURCES

Welcome to Heart Mountain! Visit our website at [heartmountain.org](https://www.heartmountain.org) to find digital resources, classroom activities, suggested reading, and more. Here's a sample of what's available.

DIGITAL RESOURCES:

Heart Mountain Augmented Reality App - Animation and audio of former incarcerated describing their lives at Heart Mountain gives you a glimpse into life in the camp. This app can be used onsite or offsite through the "map" function. Search "Heart Mountain AR" on the Apple App Store or the Google Play Store to download the app.

Look Toward the Mountain Podcast - This podcast highlights aspects of life at Heart Mountain, from food and art to draft resistance and support for the war effort. Each episode ranges from 46 minutes to just over an hour. Listen on the Heart Mountain website, Spotify, Apple Podcasts, or wherever you listen to Podcasts or visit <https://www.heartmountain.org/look-toward-the-mountain-podcast/>

Heart Mountain Wyoming Foundation YouTube Channel - The Heart Mountain Wyoming Foundation's YouTube channel features talks, virtual tours, poetry, and music about the Heart Mountain camp. Visit <https://www.youtube.com/c/HeartMountainWyomingFoundation> or search "Heart Mountain Wyoming Foundation on YouTube.

All We Could Carry Film - This short film depicts the events leading up to the forced removal of Japanese Americans and what life was like at the Heart Mountain camp. Visit <https://vimeo.com/489016247> to view the film online or purchase a DVD on Heart Mountain's online store (<https://shopheartmountain.org/>).

Kokoro Kara Magazine - Heart Mountain's quarterly magazine features articles about Heart Mountain history and contributions from former incarcerated and their family members. To browse issues of the magazine, visit <https://www.heartmountain.org/about/news/kokoro-kara-magazine/>

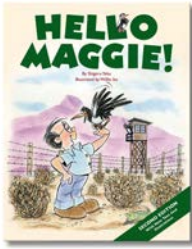
Chronicling America - Japanese American Internment Camp Newspapers - This collection from the Library of Congress includes every issue of the *Heart Mountain Sentinel*, the camp newspaper created by Japanese American incarcerated. The collection is searchable by date or keyword. Visit <https://www.loc.gov/collections/japanese-american-internment-camp-newspapers>

SCHEDULE A FIELD TRIP:

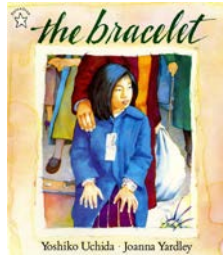
Interested in bringing your class to the Heart Mountain Interpretive Center? We offer both in-person and virtual field trips tailored to your group's interests and grade level. Schedule a field trip and find classroom resources from sample lesson plans to quick activities at <https://www.heartmountain.org/education-field-trip/>

SUGGESTED READING:

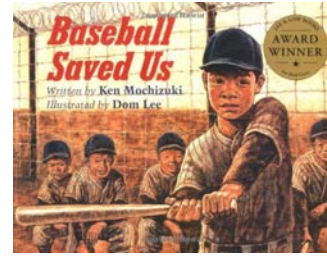
Check out the following titles to learn more about Japanese American incarceration. Reading guides are available for *A Boy of Heart Mountain*, *They Called Us Enemy*, and *We Are Not Free* at <https://www.heartmountain.org/education-field-trip/education-suggested-reading/>



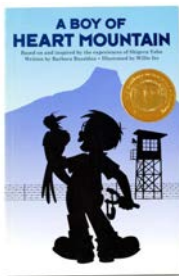
Hello Maggie! by Shigeru Yabu
(Grades K-3)



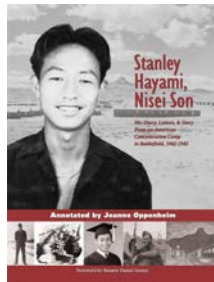
The Bracelet by Yoshiko Uchida
(Grades K-3)



Baseball Saved Us by Ken Bunting
(Grades K-3)



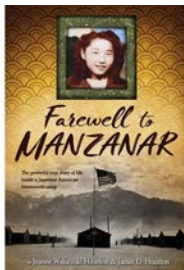
A Boy of Heart Mountain by Barbara Bazaldua
(Grades 3-5)



Stanley Hayami: Nisei Son by Joanne Oppenheim
(Grades 6 and up)



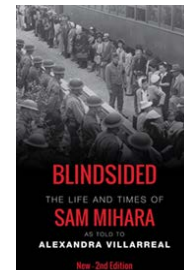
They Called Us Enemy by George Takei
(Grades 6 and up)



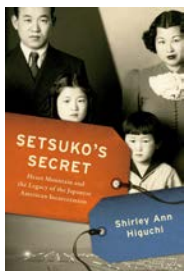
Farewell to Manzanar by Jeanne Wakatsuki Houston
(Grades 9 and up)



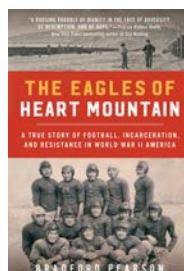
We Are Not Free by Traci Chee
(Grades 9 and up)



Blindsided: The Life and Times of Sam Mihara by Sam Mihara
(Grades 9 and up)



Setsuko's Secret by Shirley Ann Higuruchi
(Grades 11 and up)



The Eagles of Heart Mountain by Bradford Pearson
(Grades 11 and up)



We Hereby Refuse by Frank Abe and Tamiko Nimura
(Grades 11 and up)

More questions? Reach out to us at (307) 754-8000 or educator@heartmountain.org